

TRINITY LUTHERAN CHURCH

203 East Main Street • PO Box 188
Spring Grove, MN 55974
507.498.5291 • www.trinitysg.org



Trinity Lutheran Church Spring Grove



Instagram
[trinitylutheransg](https://www.instagram.com/trinitylutheransg)
[trinityyouth203](https://www.instagram.com/trinityyouth203)



YouTube

Trinity Lutheran: Spring Grove

Office hours:

Mon - Fri: 10 a.m. – 4 p.m.

Sundays at Trinity

9:15 a.m. Worship
10:15 a.m. Fellowship - *select weeks*
10:30 a.m. Sunday School - *beginning September 19*

Listen live Sundays on KVIK 104.7 FM

www.kvikradio.com

and on Facebook

Saturday Worship 5:00 p.m.
1st and 3rd Saturdays each month

STAFF

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Rachel Storlie, Organist/Pianist
Scott Solberg, Choir Director
Linda Gjerdrum, Pianist
Mark Udstuen, Praise Band Leader
Rick Sundet, Technology Lead

What is the first thing that comes to mind when you think of God?

I thought I would share the opening of our past All Team Retreat with all of you. After an opening prayer we began by choosing one of the following: 1) What is the first thing that comes to mind when you think of God? 2) If you could be part of any miracle or other happening recorded in Christian history, what would it be and why? After several minutes of silence, I asked if anyone wanted to share. Personally, I think we had a great discussion. I encourage all of you to ask your family and friends these questions.



I just had a Zoom call with three friends and I asked each of them these same questions. Not everyone wants to share and that is okay, but it does start great conversations. Personally, when I think of God, I think of a parent. Just as most parents love and nurture their children, so does God. Parents support and encourage their children and want them to be honest, kind, successful, and more, all while loving them unconditionally. If a child wanders away or falters, most parents welcome them back home with open arms and/or shepherd them to safety. That is why I think of God as a parent, loving us at all times, forgiving us for all of our sins, and being with us forever. God is always here. For some, you may just think of a single word or an image. What is the first thing that comes to mind when you think of God?

We also had great dialogues about facility planning, Reconciling in Christ congregations, listing our core values, and we closed our retreat singing Lift Every Voice and Sing.

Thank you to all team members who attended the retreat. We missed seeing many of you!

Saundy Solum, Congregation President



SUNDAY SCHOOL BEGINS IN SEPTEMBER!

It will kick-off with our Rally Sunday celebration on September 19. The day begins with worship at 9:15 a.m. followed by outdoor activities and treats at 10:30 a.m.

Parents....please come prepared to fill out registration forms for your child(ren) to participate in Sunday School this year. Classes will begin September 26 at 10:30 a.m. Packets with more information and class calendar were recently mailed out to families; if you did not receive a packet and are interested in having your children attend (or if you know of someone interested in having their children attend, but maybe aren't members), please contact Kerri in the office, 498-5291 or via email, cyf.trinitysg@gmail.com. We're looking forward to the Sunday School year ahead!

"Let me hear joy and gladness; let the bones that you have crushed rejoice." Psalm 51:8

From our Pastors

Dear people of God,

These words from Psalm 51 mean more than usual to me right now.

King David is said to have written Psalm 51 – a prayer for cleansing and pardon – when the prophet Nathan came to him, after David had sinned with Bathsheba. We typically recite this psalm on Ash Wednesday, as we prepare our hearts for the Lenten season.

Psalm 51 is a psalm of confession for wrongs done to another, and for sins committed against God. It is a psalm we could recite every Sunday, or indeed every day.

These words of David's mean more than usual to me right now, though, because my literal bones are crushed. I am in a cast, unable to put weight on my foot for 6 weeks. I use a scooter to get around, and I am learning, in a new way, what it is like to live in a broken world.

Like David, we struggle with brokenness. Sometimes it is the brokenness within us ... our broken bodies, our broken spirits, our broken hearts. Sometimes it is the brokenness in the world around us ... never-ending wars, civil unrest, racial and economic inequality, weather-related tragedies, a pandemic that has cost so many lives and so much social discord, and more.

Dear people of God, hear the good news: Jesus came into this broken world and was broken himself. There is nothing we have experienced that Jesus did not experience. No sorrow, no loss, no brokenness.

But Jesus overcame brokenness and even death!

My broken bones will heal – albeit with a permanent staple to hold them together! Like David, we pray for God to renew a steadfast spirit within us. We pray that our hearts, souls, and minds will be healed, as well as our bones.

God bless you.

Pr. Elizabeth



Help wanted! Everywhere a person goes these days they see a sign that says "Help Wanted" or "Now Hiring". We aren't looking to hire anyone to help with the Maple Syrup Project, but we are looking for volunteers! It is great because you don't have to list it on your taxes. Yeah, well anyway, we are hoping to have a wood cutting bee September 30 for anyone who can make it. We will be completely out of wood after next season if we don't get any put up. If you want to bring a chainsaw, great. If you want to split wood, great! If you want to stack wood, great! We will start at 9:00 am. Lunch will be provided. Hope you can make it. Questions? Give me a call, 498-5823.

Pr. Lane



UPDATE: The Trinity COVID Response Team met on Tuesday, August 17. With the increasing numbers of the COVID-19 Delta variant cases in the area, the team made the loving and prudent decision to renew most of our previous COVID protocols. We did this out of love for our neighbors and to care for the most vulnerable in our communities. Masks are recommended as well as social distancing as we continue to pray for an end to this pandemic, for the doctors and nurses working so hard to help people, and for all those affected by COVID-19.

Meet our new bookkeeper — Nicole Krenzke

My favorite childhood memories from Trinity are the wonderful times at Sunday School and volunteering at day camp for several years.

I was confirmed at Trinity in the fall of 2013.

I graduated from Spring Grove High School in 2016. I went on to Northeast Iowa Community College and graduated in 2018 with an Associate of Arts degree. I then went to Upper Iowa University and earned a Bachelors of Science degree in Accounting in 2021.

In my free time I enjoy many outdoor activities and craft projects.

My favorite kinds of foods are fruits and vegetables.

My favorite movie is *Frozen*. I also enjoy podcasts that are related to health, faith, or lifestyle changes.

My favorite hymns are “I Love to Tell the Story” and “Great is Thy Faithfulness.”

My favorite time of the year is the summer when I can be outside working with my family in the garden, yard, or on the farm.



Meet our new Director of Children, Youth, and Family Ministry — Kerri Jahnke

Some of my favorite memories from growing up at Trinity is Day Camp with the awesome counselors from Bible Camp! Playing in the big, green yard behind Trinity, and our mission trip to South Dakota with Pastor Zane.

I was confirmed at Trinity in 2007. I graduated from Spring Grove High School in 2010.

I have a little Yorkie Poo dog named Ella.

In my free time, I love to be around loved ones, friends, family, and go fishing in memory of my dad. I also enjoy playing guitar, four-wheeling, and spending time around a campfire.

I am so excited to work where I first came to know Jesus. I hope and pray that God can work through this ministry to help our youth and families know Jesus better and live a life of faith!



CAN YOU HELP? Our CYF director is looking for **people to help organize and coordinate Sunday School Supplies** for the upcoming Sunday School year! If this is something you enjoy doing, please reach out to Kerri! Please email cyf.trinitysg@gmail.com or call 498-5291.

CONFIRMATION YOUTH & PARENTS & MENTORS — Mark your calendars for an important orientation and registration meeting for 7th, 8th, and 9th grade students and parents and mentors: **Wednesday, September 22, 2021 ▪ 7:00 – 7:45 p.m. ▪ Fellowship Hall**

HEY HIGH SCHOOL YOUTH — LOOK HERE!

The ELCA Youth Gathering is less than a year away! This is an amazing opportunity to interact with other Lutheran youth from all over the United States and world. Just ask one of the participants that went to Houston, TX in 2018 what they thought of the Youth Gathering! We are having an **Information Meeting on September 26 at 11 a.m. in the Fellowship Hall**, please watch for more information.

9th-12th Youth Group will soon be meeting Wednesday nights from 8 p.m. - 9 p.m. at the Youth Room in the Trinity Center. More details and start date coming soon!

HOUSEBOAT TRIP REFLECTION

When you pass through the waters, I will be with you – Isaiah 43:2

This was the theme verse for the Houseboat Trip on the mighty Mississippi River that I shared with 10 teenage youth from Trinity in July. With the help of Trinity’s Director of CYF Ministry, we read in Matthew 14: 22-33 the story of Jesus walking on water and how Peter, by focusing on Jesus, was able to walk on water too. The lesson for us: Jesus walks with us during all our storms in life. If we focus on Him, not the waves, everything will be okay. In John 4:1-42, we read the story of the Samaritan woman at the well and how Jesus granted her acceptance and grace. The lesson for us: Christ’s example shows us how to relate to someone who might be “different” from us by making all feel welcome and included in the family of believers.

Did you know that water is mentioned 722 times in the Bible?

What better place to enjoy water, than on a beach in the Mississippi Wildlife Refuge, along with the turtles, cranes, and barges! Perfect ninety degree weather found us swimming, floating, kayaking, fishing, and tubing during the day. Singing around a campfire each evening provided a time of fellowship, to share what we can do to share living water with those around us.

~Scott Bingham



Left to right: Stewart Storlie, Karson Betcher, Christian Bjerke.

CONFIRMATION \$100 CHALLENGE

Confirmation youth groups were given \$100 to use to help someone or the community. Here is what one group did.... “First, we composed a short handwritten letter that went to La Crosse Salvation Army along with a \$50 check. Second, we went shopping at Red’s for potatoes, canned goods/ soup, and pasta and delivered it to the Food Shelf in Caledonia. The boys told them at the Food Shelf about the project they were tasked to do. Total of the goods donated was 40 pounds of food. We also gave them a \$25 check. It was a good experience for them. I tried to challenge them to what their plan was....\$25 in goods, \$25 in cash. I think they did a great job. Tysen was unable to be there on the day we shopped.” Stewart Storlie, mentor



THANK YOU!

"My final Sunday [as organist] at Trinity was amazing. The music was wonderful, we had five, count them, five pastors in attendance, I was able to visit with family and friends, and the Scandinavian treats couldn't have been better. My thanks to all those who wished me well in my move to Florida, to those who sent cards and gifts, and to the pastors and congregation who make Trinity a place of peace and love. I'm slowly getting settled in my new condo and will start my search for a new church soon. I like it here, but will always call Spring Grove and Trinity my home. Miss you all.

Jean Ellingson

FOOD MINISTRY GRANT

Earlier this summer, our Southeastern Minnesota Synod gave the opportunity to congregations to apply for a Food Ministry Grant that was funded through the synod's Domestic Disaster Relief Fund and the synod's partners at Churchwide who awarded the synod dollars to be used for this purpose. Trinity's Care Ministry Team lead, Laurie Moen, applied for and received the grant for our Little Free Pantry. What a blessing! The grant money will be used to stock the Little Free Pantry which is being used often by community members.

Other congregations also receiving the grant included: Grace (Mankato), Anyuak Faith Community (Austin), St. John's (Kasson), Trinity (Hayfield), Trinity Fellowship (Rushford), Faribault area churches, Grace (Albert Lea).



WAYS TO STAY CONNECTED TO TRINITY

- **498-HOPE (4673)**
-short daily messages and updates
- **498-AMEN (2636)**
-daily devotions
- **www.trinitysg.org**
-news, updates, info
- **Facebook: Trinity Lutheran Church Spring Grove**
-updates, music, worship, info
- **YouTube:**
Trinity Lutheran: Spring Grove
-video recordings of worship, and more!
- **Instagram**
-photos, updates
- **KVIK 104.7FM**
- Sunday worship service,
- www.kvikradio.com

Thank you to our Director of Children, Youth, and Family—Bekah Leafblad and our Handbell Director — Willy Leafblad. They have moved to Lake City.



Farewell, and thank you!

PIC•COLLAGE

CHEER PACKAGES IN OCTOBER

Trinity's Outreach Team is excited for an upcoming project — sending cheer packages to college-aged young adults (ages 18-22)! Watch for more details about a supply drive. To make this most successful, we need updated addresses for these youth. Please let us know the best mailing address. Thanks for helping us reach as many of our college-aged young adults as possible!

LUTHERAN CAMPUS MINISTRY NETWORK (LuMin) is a network of inclusive faith communities celebrating God's love and grace on or near the campuses of over 230 colleges and universities across the United States. As a collective center for ministry information, student referrals, and campus ministry resources, LuMin seeks to welcome, affirm and accept all students in Christ's name.



Connect with LuMin — If you are a young adult, or if you know of a young adult who is looking for a community of friends and a way to express faith, consider campus ministry. Young adults experience unique spiritual, intellectual and emotional challenges. Campus Ministry seeks to strengthen and support them as they learn and grow. Follow this link to get connected with a Lutheran Campus Ministry NATIONWIDE!

<https://www.luminelca.org/refer-a-student/>

AUGUST 11, 2021 CONGREGATION COUNCIL MEETING HIGHLIGHTSUpdates:

- Care Ministry Team has had offers of fresh and frozen food for the Little Free Pantry, grateful for these offers, but it was decided to stick with non-perishable food donations at this time
- Teams are to be working on their 2022 budgets
- Outreach Team member, Jessi Strinmoen, led the Helping Hands School Supplies Drive coordination with United Methodist Church in Caledonia. 154 backpacks were put together.
- Outreach Team member, Karry Thorson, has begun a Manicure Ministry with nursing home residents, but it is temporarily on-hold due to the rise in COVID cases
- Assuming choir practice will begin in late August unless COVID guidelines for singing change.
- Handbell Choir director position has not been filled
- COVID updates — outdoor worship as much as possible, encourage parishioners to wear masks and sit with family unit, Response Team will begin meeting again
- Facility Planning Team will meet with contractors again and hope to have a budget idea by September

Motions passed:

- To start the process to explore being a Reconciling in Christ Congregation
- To update the Trinity Lutheran bank authorization to make Kerri Jahnke a signer for the Luther League account and the credit card with the current credit limit. Nicole Krenzke added as bookkeeper with all permissions to all Trinity accounts.

Next Meeting: September 8, 2021 at 7:30 p.m. Complete minutes are on Trinity's website.

THANK YOU FOR YOUR SUPPORT OF TRINITY AND ITS MINISTRIES!

Thank you so much for your continued support of Trinity and our ministries.

We have several options to receive your offering:

- ▶ **ELECTRONICALLY:** via our website, www.trinitysg.org. Click on the "Contribute" link on the right-side of the page.
- ▶ **BY MAIL:** Trinity Lutheran Church, 203 E. Main St., Spring Grove, MN 55974.

Remember — **sponsorships for the Media Ministry Fund** (\$100) or **Missionary for a Day candle** (\$40) can also be done. Do you have a certain date in mind? Give us a call, 498-5291, or send us an email, trinity@springgrove.coop.

Thank You
FOR
GIVING
...
GENEROUSLY



Southeastern Minnesota Synod
of the Evangelical Lutheran Church in America



*The Lord replied, "My Presence will go with you, and I will give you rest."
Exodus 33:14 (NIV)*

*I am the Lord your God who takes hold of your right hand and says to you, "Do not fear; I will help you."
Isaiah 41:13 (NIV UK)*

Dear Siblings in Christ,

It has been a long season. We had thought, perhaps, that the summer was ending one chapter of our collective life and opening us up to something new. In many ways, it has, but I don't think I'm alone in having hoped COVID would be less prevalent than it is now.

You have done so well in continuing to navigate this pandemic season. You are stepping into your leadership roles, working with your leaders, making decisions and recommendations using science and your own contextual knowledge. Thank you for the ways you are continuing to lead. I know it hasn't been easy. I also know many of us, pastors and deacons and folks in the pews, are growing weary of COVID life.

I have no new COVID recommendations to share in this letter. I will say, as I always have, follow the guidance of the CDC and MDH (this might mean encouraging or requiring masks for periods of time). Collaborate with your lay leaders. Freely give grace. Care for one another and remember that to which you are called.

I do want to offer a pastoral word, one that is rooted in the words of the Scripture above. Hear in the words of God spoken to Moses in the book of Exodus the promise of rest. Hear in the prophet Isaiah the promise of God clasping us by the hand and offering help.

It is okay if things look different *again* this year. It is okay if the plans you made now need to be changed. Remember the work to which you are called. Preaching the gospel, pointing to God's goodness and grace, welcoming the stranger, living in faithful community together.... These things can be done in a myriad of ways. The methods are not our focus, but the ministry to which we are called is.

Dear siblings, we are called to holy work. In tending to your work, please make time to rest. There are no trophies for those of us who log the most hours in a given week. There are no prizes for those who believe they are the center of the life of the church (because only Jesus is!).

One of the gifts and necessities of Sabbath is that it keeps us mindful that God's good work continues even when we take a break.

In Christ,
Bishop Regina Hassanally
Southeastern Minnesota Synod, ELCA

Taken from The Corners, a blog by Pastor Nadia Bolz-Weber (thecorners.substack.com/)

If you can't take in anymore, there's a reason

It's all too much

I used to live in a very old apartment building with super sketchy electrical wiring. Were I to audaciously assume my hair drier could run while my stereo was on, I would once again find myself opening the grey metal fuse box next to the refrigerator and flipping the breaker. My apartment had been built at a time when there were no electric hair driers, and the system shut down when modernity asked too much of it.

I think of that fuse box often these days, because friends, I just do not think our psyches were developed to hold, feel and respond to everything coming at them right now; every tragedy, injustice, sorrow and natural disaster happening to every human across the entire planet, in real time every minute of every day. The human heart and spirit were developed to be able to hold, feel and respond to any tragedy, injustice, sorrow or natural disaster that was happening IN OUR VILLAGE.

So my emotional circuit breaker keeps overloading because the hardware was built for an older time.

And yet, when I check social media it feels like there are voices saying "if you aren't talking about, doing something about, performatively posting about ___(fill in the blank)___ then you are an irredeemably callous, privileged, bigot who IS PART OF THE PROBLEM" and when I am someone who *does* actually care about human suffering and injustice (someone who *feels* every picture I see, and story I read) it leaves me feeling like absolute [poop]. I am left with wondering: am I doing enough, sacrificing enough, giving enough, saying enough about all the horrible things right now to think of myself as a good person and subsequently silence the accusing voice in my head? No. The answer is always no. No I am not. Nor could I. Because no matter what I do the goal of "enough" is just as far as when I started. And yet doing nothing is hardly the answer.

So I wanted to share something with you. Every day of my life I ask myself three discernment questions I learned from one of my teachers, Suzanne Stabile:

What's MINE to do, and what's NOT mine to do?

What's MINE to say and what's NOT mine to say?

And the third one is harder: What's MINE to care about and what's NOT mine to care about?

To be clear – that is not to say that it is not worthy to be cared about by SOMEONE, only that my effectiveness in the world cannot extend to every worthy to be cared about event and situation. It's not an issue of values, it's an issue of MATH.*

So I try and remember, 1) We are still living through a global pandemic and that means the baseline of anxiety and grief is higher than ever and shared by everyone. 2) The world is on fire literally and metaphorically. But 3) I only have so much water in my bucket to help with the fires. The more exposure I have to the fires I have NO WATER to fight, the more likely I am to get so burned, and inhale so much smoke that I cannot help anymore with the fires close enough to fight once my bucket is full again.

So I try and tell myself that It's ok to focus on *one* fire. It's ok to do what is YOURS to do. Say what's yours to say. Care about what's yours to care about. That's enough.

If immigration reform is yours to do, if it is the fire you have water to throw on, (thank you! and...) that is *enough*. There will be voices saying "but what about climate change? You don't care that the planet is dying??" Tune that [stuff] out. I mean, you could turn around and ask the environmentalist next door why they heartlessly don't care about immigrants, but there is no percentage in that. Instead, we could be so grateful for the people who are called to work on and respond to worthy issues that are not fires we ourselves are equipped to put out.

I'm not saying we should put our heads in the sand, I'm saying that if your circuits are overwhelmed there's a reason and the reason *isn't* because you are heartless, it's because there is not a human heart on this planet that can bear all of what it happening right now. So thank you for being a person who cares about and responds to animals, or the environment, or immigration, or domestic violence or any of the other worthy-to-be-cared-about [poop]-shows we are in the midst of right now. Just, thank you.

(flip the page to see an accompanying prayer to this blog post)

Prayer below is a continuation of the blog post by Pastor Nadia Bolz-Weber (thecorners.substack.com/) printed on the previous page.

A prayer for today, Tuesday August 17, in the Year of Our Lord 2021.

Dear God,

I am sad to inform you that the planet is on fire and there's a global pandemic that goes on and on and takes more and more from us. Haiti has been decimated once again and Afghanistan is looking doomed and last week some scientists said some pretty depressing stuff about our planet.

It's all a bit much right now.

I don't want to feel numb but sometimes I do.

Except for when I'm having random level 9 responses to a level 2 situations. I mean, it's humbling to admit that yesterday I shouted "FOR [crap] SAKE" at the guy with the painfully and unnecessarily loud muscle car in front of my apartment. Bless that guy, Lord.

Please just show me what is mine to do because otherwise I will feel horrible not doing *everything* or callus for just doing *nothing*. So, give me grace for myself and others.

Also, everyone is understaffed right now so grant me patience with every clerk and delivery driver and customer service rep.

And when all I can do it stop during the day and place my hand on my heart and hold all these heavy realities up to you, may it count as prayer.

Help me to know when there is water in my bucket and which fire to throw it on, but also to know when to wait because I am on empty. Help me to trust that you will give me what I am to give away and to not feel like I must carry water for everyone else.

I guess what I am saying Lord, is: please show us some mercy, and help us to show this same mercy to ourselves and others.

Amen.

A July 14, 2021, Letter to the Editor of the Star Tribune
from our Lutheran missionary Mark Jacobson

"As a Lutheran medical missionary in Tanzania for 40 years, I saw that the primary, most elemental component of improving the health and survival of the people with whom I served was the gift of vaccinations.

I arrived in Africa in the mid-1970s, and the villages where I worked were inundated with measles, polio, cholera and childhood pneumonia. Season after season, parents and particularly mothers waited restlessly for the measles season to rear its ugly head. The fevers began with a slight rash and cough, then trouble breathing. There was no medicine. Soon some of the children would have the eye complications of the disease leading to blindness for life — if they survived the attack of measles.

Literally injected into this annual cycle of death and disability was the good news of a measles vaccine that would break that cycle and allow children to live! A gift of life. A gift of hope. A change not only to break the cycle but to bring hope.

The words came easily off everyone's lips: "A gift of God!" "God is good!"

Now, as I am retired back in my home state of Minnesota, I watch people refuse the similar gift of the COVID-19 vaccine. I am astounded, confused and rather annoyed with those of us who are so extremely privileged that we can even think to reject the gift of the vaccine.

Let us all thank God for the gift of "the jab," and let us choose to accept it!"

Mark Jacobson, Falcon Heights



My take: Tear down magical walls

By Craig L. Nesson
July 9, 2021

The doors of your church building have magical properties. You may not have noticed, but these magical effects play out differently for outsiders than for insiders.

When outsiders approach church doors, the magic repels them with thoughts that they aren't good enough, knowledgeable enough, worthy enough or perfect enough to come inside. Many outsiders are rightly critical of the church they hear about in news headlines that symbolizes only judgment and intolerance.

For insiders, however, these magical properties have a different effect. Insiders pass eagerly through the doors of the building to find renewal and hope. But to return outside, these same insiders must fold up their Christian faith into a tiny bundle and hide it in their pocket or purse until they return to the church and take it back out. Insiders hide their faith in a compartment that is accessed only when gathered with other Christians in the church building.

For insiders, however, these magical properties have a different effect. Insiders pass eagerly through the doors of the building to find renewal and hope.

Our dominant approach in responding to the magical doors is to double down on what we do inside our buildings. We search high and low for programs and activities that will attract and encourage outsiders to become insiders.

By doing so, we neglect the most critical factor: our baptismal calling as members of the body of Christ to take faith out of its hidden compartment and share it through our words and actions in our everyday roles and relationships.

At the time of the Reformation, Martin Luther proposed that all church members belong to a universal priesthood. This core teaching never became our normal way of being church, but the [ELCA Life of Faith Initiative](#) aims to equip all God's people for the work of ministry (Ephesians 4:12) in the arenas of daily life: family, work, school, local community, citizenship and care for creation.

How can we stir up a culture change that focuses the church's mission on the vocation of the baptized in these arenas?

(part 2 will be in October Trinity News)

BYSTANDER INTERVENTION INTERACTIVE VIRTUAL WORKSHOP—SEPT. 18, 12:00 PM

YOU CAN STAND UP TO IDENTITY-BASED HARASSMENT

BYSTANDER INTERVENTION 101

This 1.5-hour interactive webinar offers concrete tips for safely standing up to hate and bigotry in person and online.

Register at www.houstonagainsthate.org/BIT

CO-CREATED AND PRESENTED BY

Houston Coalition Against Hate, Advocate, hollaback!

Hate-based harassment has been on the rise in the US and the world. In this 1.5 hour, interactive workshop on Zoom, you'll learn how you can intervene effectively as a bystander without ever compromising your safety.

We'll talk about the types of disrespect that many folks across all identities are facing – from microaggressions to violence – using a tool we call the "spectrum of disrespect." You'll learn what to look for and the positive impact that bystander intervention has on individuals and communities. We'll talk through 5 strategies for intervention: distract, delegate, document, delay, and direct; and how to prioritize your own safety while intervening. We'll have time at the end for practice.

[To register for workshop: www.houstonagainsthate.org/BIT](http://www.houstonagainsthate.org/BIT)



Sept. 5	Janna Myrah
Sept. 12	Judy Tollefsrud
Sept. 19	Lara Wold-Mendez
Sept. 26	Lee Hokestra

Usher Schedule



September ushers
Al Lochner, Captain
Jim Wilhelmson
Mark Engebretson
Dennis Gulbranson
Bruce Anderson
Gary Wilhelmson



August 22-September 4	Greg Wennes
September 5—18	Jessica Kraus
September 19-25	Cheryl Mann
September 26-October 2	Joyce Landsom
Christ in our Home devotional booklets and 498-AMEN instructions are located right inside the southeast entrance of the church.	



Sept. 5	Tysen Moen, Grayson Staggemeier
Sept. 12	Gavin Ostern
Sept. 19	Elle Berns, Bryce Berns
Sept. 26	Jacob Hernandez

PRAYER CHAIN We as a congregation have a wonderful opportunity to pray for each other in times of need. We currently have two phone prayer chains (see below). We also have an email prayer group. For the email prayer group, you receive an email from with the prayer request information. You simply pray for the request, you don't need to pass on any info.... it's the simple and amazing power of prayer! Would you like to be added to the email prayer group list or phone prayer chain? Please contact the office, 498-5291 or trinity@springgrove.coop.

How to start a prayer request: Prayer requests can be made on behalf of someone; however that **person must first give their permission**. When a prayer request is made, **please include:** 1) how much information should be shared with the Prayer Chain members/what wording should be used, 2) if the request should also be in the bulletin prayer box and if so for how long, 3) if you are calling for someone, please tell us your relationship to them and confirm you have their permission.

Phone Prayer Chain 1	Phone Prayer Chain 2
Joyce Landsom	Karen Gray
Nolie Kapplinger	Bev Nelson
Terry Holland	Janet Wold
Bonnie Solberg	Jan Lochner
Dawn Hewitt	Ruth Johnsrud
Lynn Rostad Anderson	Judy Bratland
Milly Halverson	

September happenings at Trinity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Beary Patch Preschool Open House	2 5:30pm Education Team	3	4 10:30am AA 5:00pm Worship, Communion
5 9:15am Worship, Communion	6 Labor Day Office closed	7 5:00pm AA 6:30pm Diversity Conversations, Jo's Coffee House 7:00pm Response Team, Zoom	8 9:30am Adah, Tweeten Apts. 5:30pm Task Takers, FH 7:30pm Council 8:00pm Choir	9	10	11 10:30am AA
12 9:15am Worship 11:15am Nursing Home worship	13 Beary Patch Preschool classes begin	14 5:00pm AA	15 2:00pm Eve, Manor 3:30-6:30pm Meatball Dinner, Drive-Thru only 8:00pm Choir	16 9:30am Worship at Manor	17 Newsletter info due in office	18 10:30am AA 5:00pm Worship
19 Rally Sunday 9:15am Worship, Communion 10:30am Rally Sunday activities	20 9:30am Anna 2:30pm Phoebe, GR 7:00pm Hannah, GR	21 5:00pm AA	22 7:00pm Confirmation Orientation & Registration (youth and parents) 8:00pm Choir	23 9:30am Worship at Tweeten Apts 2:00pm newsletter assembled 7:00 pm Staffing Team, Zoom	24 9:00am Love Day	25 10:30am AA
26 9:15am Worship 10:30am Sunday School 11:00am Youth Gathering info meeting, FH	27	28 10:00am Worship at Assisted Living 5:00pm AA	29 5:00-7:00pm Community Picnic hosted by Outreach Team (during Music in the Park) 6:00pm Confirmation 8:00pm Choir	30		

UPDATES?

Is your email address, mailing address, or phone number changing?

Please remember to let us know in the office so that we can update our records. Thank you!

Trinity
Lutheran Church
203 East Main Street
PO Box 188
Spring Grove, MN 55974

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RETURN SERVICE REQUESTED



WE'LL MAKE DINNER FOR YOU!

Fall Meatball Dinner

Date: Wednesday, September 15

Time: 3:30 p.m.—6:30 p.m.

Cost: \$12/meal

Menu: meatballs in gravy, mashed potatoes, glazed carrots, dinner roll, lefse, rømmegrøt, dessert

Instructions: Drive-thru only! Enter the parking lot via Maple Drive. Proceed forward to the canopy to purchase your meals, continue into the parking lot where meals will be carried out to your vehicle. Proceed out of the parking lot onto Main Street.

Proceeds: Our 2022 Confirmation Camp youth, our youth traveling to the 2022 ELCA Youth Gathering in Minneapolis, our Good Samaritan fund, college campus ministries, and other needs at Trinity.